

# X4 X5 Penrith - Keswick - Cockermouth - Workington



Monday - Saturday	X5	X5	X5	X5	X4	X5	X5	X4	X5	X4	X5	X5	X4	X5	X4	X5	X4	X5	X4	X5	X5
				# GS		#	ST		ST	M-F		ST		ST		ST		CC	CC		
<b>Penrith Bus Station</b>	---	0630	0715	0820	0825	0925	0935	1025	1125	1225	1255	1325	1425	1525	1625	1725	1825	1925	2030	2130	2235
<b>Penrith Rail Station</b>	---	0635	0720	0825	0830	0930	0940	1030	1130	1230	1300	1330	1430	1530	1630	1730	1830	1930	2034	2135	2240
Rheged	---	---	0725	---	0835	0935	0945	1035	1135	1235	1305	1335	1435	1535	1635	1735	---	---	---	---	---
Troutbeck Hotel	---	0652	0737	0846	0847	0947	0957	1050	1147	1250	1317	1347	1450	1547	1650	1747	1847	1947	2046	2152	2257
Threlkeld Horse & Farrier	---	0659	0744	0851	0854	0954	1004	1057	1154	1257	1324	1354	1457	1554	1657	1754	1854	1954	2053	2159	2304
<b>Keswick Bus Station arr</b>	---	0710	0755	0902	0905	1005	1015	1108	1205	1308	1335	1405	1508	1605	1708	1805	1905	2005	2103	2210	2315
<b>Keswick Bus Station dep</b>	---	---	0802	---	0910	1012	---	1110	1212	1310	---	1412	1510	1612	1710	1812	1910	2012	2105	2215	2315
Braithwaite	---	---	0808	---	---	1018	---	---	1218	---	---	1418	---	1618	---	1818	---	2018	---	2221	2321
Thornthwaite	---	---	0812	---	---	1022	---	---	1222	---	---	1422	---	1622	---	1822	---	2022	---	2225	2325
Millbeck Road End	---	---	---	---	0917	---	---	1117	---	1317	---	---	1517	---	1717	---	1917	---	2112	---	---
Bassenthwaite	---	---	---	---	0923	---	---	1123	---	1323	---	---	1523	---	1723	---	1923	---	2118	---	---
Castle Inn	---	---	---	---	0926	---	---	1126	---	1326	---	---	1526	---	1726	---	1926	---	2121	---	---
Brathay Hill	---	---	0820	---	0930	1030	---	1130	1230	1330	---	1430	1530	1630	1730	1830	1930	2030	2125	2233	2333
Embleton	---	---	0823	---	0933	1033	---	1133	1233	1333	---	1433	1533	1633	1733	1833	1933	2033	2128	2236	2336
<b>Cockermouth</b>	0731	---	0831	---	0941	1041	---	1141	1241	1341	---	1441	1541	1641	1741	1841	1941	2041	2136	2244	2344
Great Clifton	0741	---	0841	---	0951	1051	---	1151	1251	1351	---	1451	1551	1651	1751	1851	1951	2051	2146	2300	0000
<b>Workington Bus Station</b>	0752	---	0852	---	1002	1102	---	1202	1302	1402	---	1502	1602	1702	1802	1902	2002	2102	2153	2307	0007

Monday - Saturday	X5	X4	X5	X4	X5	X4	X5	X4	X5	X5	X4	X5	X4	X5	X5	X5	X5	X4	X5	X5	X5	X5
					ST		ST		ST	M-F		ST		ST	#	# GS			CC	CC	CC	CC
<b>Workington Bus Station</b>	0515	0615	0715	0815	0915	1015	1115	1215	---	1315	1415	1515	1615	---	---	1715	---	1815	1915	1950	---	2215
Great Clifton	0523	0623	0723	0823	0923	1023	1123	1223	---	1323	1423	1523	1623	---	---	1723	---	1823	1922	1957	---	2222
<b>Cockermouth</b>	0536	0636	0736	0836	0936	1036	1136	1236	---	1336	1436	1536	1636	---	---	1736	---	1836	1939	2017	---	2239
Embleton	0544	0644	0744	0844	0944	1044	1144	1244	---	1344	1444	1544	1644	---	---	1744	---	1844	1947	2025	---	2247
Brathay Hill	0547	0647	0747	0847	0947	1047	1147	1247	---	1347	1447	1547	1647	---	---	1747	---	1847	1950	2028	---	2250
Castle Inn	---	0651	---	0851	---	1051	---	1251	---	---	1451	---	1651	---	---	---	---	1851	---	---	---	---
Bassenthwaite	---	0654	---	0854	---	1054	---	1254	---	---	1454	---	1654	---	---	---	---	1854	---	---	---	---
Millbeck Road End	---	0700	---	0900	---	1100	---	1300	---	---	1500	---	1700	---	---	---	---	1900	---	---	---	---
Thornthwaite	0555	---	0755	---	0955	---	1155	---	---	1355	---	1555	---	---	---	1755	---	---	1958	2036	---	2258
Braithwaite	0559	---	0759	---	0959	---	1159	---	---	1359	---	1559	---	---	---	1759	---	---	2002	2040	---	2302
<b>Keswick Bus Station arr</b>	0605	0707	0805	0907	1005	1107	1205	1307	---	1405	1507	1605	1707	---	---	1805	---	1907	2008	2046	---	2308
<b>Keswick Bus Station dep</b>	0615	0715	0815	0915	1015	1115	1215	1315	1345	1415	1515	1615	1715	1740	1810	1815	1840	1915	2015	---	2150	---
Threlkeld Horse & Farrier	0626	0726	0826	0926	1026	1126	1226	1326	1356	1426	1526	1626	1726	1751	1821	1826	1851	1926	2026	---	2201	---
Troutbeck Hotel	0633	0733	0833	0933	1033	1133	1233	1333	1403	1433	1533	1633	1733	1758	1828	1833	1858	1933	2033	---	2208	---
Rheged	0645	0745	0845	0948	1045	1148	1245	1348	1415	1445	1548	1645	1748	---	---	---	---	---	---	---	---	---
<b>Penrith Rail Station</b>	0650	0750	0850	0953	1050	1153	1250	1353	1420	1450	1553	1650	1753	1815	1849	1850	1915	1950	2050	---	2225	---
Penrith Town Hall	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	1817	1851	---	1917	---	---	---
<b>Penrith Bus Station</b>	0655	0755	0855	0958	1055	1158	1255	1358	1425	1455	1558	1655	1758	---	---	1855	---	1955	2055	---	2230	---

Sunday & Public Holidays	X5	X5	X5	X5	X5	X5	X5	X5	X5	Sunday & Public Holidays	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5
	* GS			*															* GS		
<b>Penrith Bus Station</b>	0820	0840	0915	0935	1115	1315	1515	1715	1915	<b>Workington Bus Station</b>	0715	0915	1115	1315	1515	---	---	1715	---	---	---
<b>Penrith Rail Station</b>	0825	0845	0920	0940	1120	1320	1520	1720	1920	Great Clifton	0723	0923	1123	1323	1523	---	---	1723	---	---	---
Rheged	---	0850	0925	0945	1125	1325	1525	1725	---	<b>Cockermouth Main Street</b>	0736	0936	1136	1336	1536	---	---	1736	---	---	---
Troutbeck Hotel	0846	0900	0935	0955	1135	1335	1535	1735	1935	Embleton	0744	0944	1144	1344	1544	---	---	1744	---	---	---
Threlkeld Horse & Farrier	0851	0908	0943	1003	1143	1343	1543	1743	1943	Brathay Hill	0747	0947	1147	1347	1547	---	---	1747	---	---	---
<b>Keswick Bus Station arr</b>	0902	0920	0955	1015	1155	1355	1555	1755	1955	Thornthwaite	0755	0955	1155	1355	1555	---	---	1755	---	---	---
<b>Keswick Bus Station dep</b>	---	---	1002	---	1202	1402	1602	1802	2002	Braithwaite	0759	0959	1159	1359	1559	---	---	1759	---	---	---
Braithwaite	---	---	1008	---	1208	1408	1608	1808	2008	<b>Keswick Bus Station arr</b>	0805	1005	1205	1405	1605	---	---	1805	---	---	---
Thornthwaite	---	---	1012	---	1212	1412	1612	1812	2012	<b>Keswick Bus Station dep</b>	0815	1015	1215	1415	1615	1740	1810	1812	1840	---	---
Brathay Hill	---	---	1020	---	1220	1420	1620	1820	2020	Threlkeld Horse & Farrier	0827	1027	1227	1427	1627	1751	1821	1824	1851	---	---
Embleton	---	---	1023	---	1223	1423	1623	1823	2023	Troutbeck Hotel	0835	1035	1235	1435	1635	1758	1828	1832	1858	---	---
<b>Cockermouth Main Street</b>	---	---	1031	---	1231	1431	1631	1831	2031	Rheged	0845	1045	1245	1445	1645	---	---	---	---	---	---
Great Clifton	---	---	1041	---	1241	1441	1641	1841	2041	<b>Penrith Rail Station</b>	0850	1050	1250	1450	1650	1815	1849	1847	1915	---	---
<b>Workington Bus Station</b>	---	---	1052	---	1252	1452	1652	1852	2052	Penrith Town Hall	---	---	---	---	---	1817	1851	---	1917	---	---
										<b>Penrith Bus Station</b>	0855	1055	1255	1455	1655	---	---	1852	---	---	---

**Notes:**  
M-F on Mondays - Fridays only  
# operates 3 April to 28 October 2006  
\* operates 2 April to 22 October 2006  
ST operates via Stainton  
GS operates via Greystoke, Newbiggin & Stainton  
CC supported by Cumbria County Council